

Career Registered Nurse Success Story

In April 2019, I met the creator of The TrustCard®¹. We were at a social event and had never been introduced before. Previously, I'd had some knowledge of the Card's existence because of a relative also in attendance at the event. I am, by the way, an 80-yr-old Retired Registered Nurse.

Once we were introduced, we got to talking, and one thing leading to another, I asked him if he could tell me more about The TrustCard®. He explained in some detail, although it was very simple to understand (and not just because of my training), how and why the Card works.

To put this conversation in context, at the time of this first meeting, I was going through a difficult time ... both because of physical pain and much more profoundly, because of deep emotional pain (about that, more below). It became clearer and clearer to me as we spoke, that I had apparently met a man who would change my life forever ... He sat next to me and we talked for a few minutes, and though he stated very clearly, he was NEITHER a Licensed Counselor nor a Therapist, we had gotten into good enough communication that at one point it was OK with me when he said he could sense sadness and pain in my eyes. I agreed, he was right ... I was feeling both. He gently offered that if I wished, he was glad to offer me the opportunity to tell him more, to tell my story to him, and since he looked so sincere, I slowly began to tell him about my life.

He offered no "Counseling Advice", but the outcome of the conversation was that, almost immediately afterwards, I started using The TrustCard® according to the simple directions on it every day.

After using The TrustCard®, starting with the very first day, I was absolutely amazed!! It took a few weeks to fully become routine for me (it might take me all of 7-10 minutes total daily, spread throughout the day), but I eventually became surprised that I could all of a sudden manage my pain level, and was noticeably less depressed on an emotional level, (I keep using the Card successfully to minimize anything like depression). All of this without drugs!

Additionally, I noticed something amazing ... I started losing weight ... without dieting or exercise! All the while, my sense of well-being was returning.

I know this will sound odd, but if I used the Card a few times a day, I would lose about a pound per day. If I didn't use the Card, then my weight would stay the same! Its creator never told or promised me this or any other specific result. This was at first, and remains unbelievable, but it's true! As a by-product of being pain free and emotionally improved, this was amazing!

Could this be true?! Yes, it has been the case for me ...



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¹ A U.S.-Patented, 2-Sided/Laminated/8-inch x 3-inch "Bookmark"-Size Card; Which Fits into a Shirt Pocket, Purse, Under the Car Visor, On the Refrigerator Door, In/On The Night Table, On A Desk at Work, or Anywhere-Everywhere In And Around the Places You Live & Work. A Complete Ready-To-Use Process Plus Life-Long Training Course In The Brain Science of Civilized Survival™.

TheTrustCard®

A Complete Ready-To-Use Process
Plus Life-Long Training Course In
The Brain Science of Civilized Survival™



I am 80 years old. I told him eventually about child abuse I'd suffered as a small child through age 9 (again not in any therapeutic context, formal or otherwise), when I was finally at that age, strong enough to stop it. I went on to explain to him that eventually I came to realize that I'd been physically and mentally abused all my life.

I further described how education afforded me a way out of the abuse, especially because I excelled in my studies, en route to becoming a registered nurse. I explained further that I had wanted to go to Med School, but why that never happened back then is quite another story. I graduated at the top of my Nursing class and got a very good job. (By the way, my sharing this with him was and is not intrinsic or any prerequisite to the workability of The TrustCard®. I just felt safe enough over time in our chat, to relate these episodes in my life.)

As I went on in my account of the past, after the above events back then, my life took another turn for the worse. I married at age 23, had my daughter at age 24, had a heartbreaking miscarriage at age 25 (when 5 months pregnant), and gave birth to a son when I was 26.

Sixteen years later, at 40, I had a hysterectomy, due to fibroid tumors², and I was to have surgery to remove a small benign fibroid in my right breast.

However, my surgeon made a mistake. In the surgery lineup that day, the next case was a woman who was to have a bilateral mastectomy. The Doctor mistakenly did that to me!!

40 years ago, that "mistake" was eventually a 10-hr. surgery, and I coded³ twice. You can imagine the shock and anger that I felt. A series of 8 surgeries followed due to complications, and 2 weeks after the 8th surgery, I was very ill and paralyzed on my right side. The "new" diagnosis: Multiple Sclerosis!

For 2 years after that, I dragged myself all over the house, doing my own form of physical therapy (I was a nurse after all)...because in the 1980's, there was no formal, recognized "MS therapy" available.

The years that followed were, to say the least, filled with pain, but I finally stood up on all on my own...and started to walk again.



² fibroid ... a benign tumor made up of fiber-like tissue

³ code (v.) ... medical language for "suffering cardiopulmonary arrest (resulting in a heart attack)"

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Years went by, and in 2018, I kept falling down, and had 3 major fractures....

1. Fractured my left elbow (requiring a metal implant),
2. A few months later my left hand, and
3. 2 mo. after that, my right hand!! ...

... all of this due to a medication error by my Neurologist! I was diagnosed as having a traumatic, chemical brain injury....for the past months prior to April of this year, I had slowly started to return to normal....and that is when (as mentioned earlier) I met a man at a gathering, who changed the course of my healing. I was fascinated that he was the creator of The TrustCard®.

He guided me right there, through several steps of The TrustCard® Process and when I did them, he asked me how the pain in my fractured elbow was....and to my shock, the pain was reduced to a small ache!

UNBELIEVABLE! I did this several times, and each time, the pain seemed to be relieved!

Rewind to 2015 ...With all that was going on in my life, the incorrect mastectomy, pain, anger, the MS yet another personal "emotional avalanche" fell in on me. My son's wife decided that he was "too close" to our family and made him choose between her and us. He chose her because she told him she had Cancer...as a result, I have not seen or heard from our son in over 4 yrs.

Which devastated me...he lives 10 min away! Prior to The TrustCard® I fell into a deep depression over this as any mother can imagine. I was told to use The TrustCard® with respect to the anger and depression and it works...

I will always love and miss my son, but The TrustCard® has helped me to be able to concentrate on my otherwise now happy present and future, and never again dwell in the past.

At 80, I have become a stronger woman....physically and mentally....and with the help of The TrustCard®, and the positive help of the man who invented it and who also taught me how to use it, I am no longer shackled to my dysfunctional past.

I feel pain-free, including all the symptoms associated with MS, which I can control should they arise (which they do not very often or very severely), and I feel emotionally healed as well. I am today an 80 yr.-old woman who looks forward to what life holds in store for me!

Thank you ... to Interperson, Inc., The TrustCard® and its creator.

Sincerely,
L. R., RN, BSN
Charlotte, NC

